

## Framework for Developing a Roadmap for Cost Containment

**Goal:** Reduce the annual rise in health care costs to no more than the unadjusted growth in Gross Domestic Product (GDP) by 2012.

**Vision:** Design a health care system that gives all Massachusetts residents everything we need and nothing more.

<b>We need:</b>	<b>We want to eliminate:</b>	<b>Strategies/Tools for Change</b>
<ul style="list-style-type: none"> <li>• Access to Care</li> <li>• Patient Safety</li> <li>• Chronic Care Management &amp; Prevention</li> <li>• End of Life Care in accordance with patient wishes</li> <li>• Equitable Care: no disparities</li> <li>• Effective Care: evidence-based, no underuse</li> <li>• Patient-Centered Care</li> <li>• Administrative Simplicity</li> <li>• Timely, efficient care</li> <li>• Integrated Care: seamless transitions</li> <li>• AFFORDABILITY</li> </ul>	<ul style="list-style-type: none"> <li>• Errors</li> <li>• Preventable admissions and readmissions, preventable conditions</li> <li>• Misuse, Overuse, Duplication</li> <li>• Services patients don't want, or would not choose if given full information</li> <li>• Complexity, redundancy, waste</li> <li>• Overpayment</li> </ul> <p>Eliminating these items slows cost growth by reducing the need for new buildings, equipment, technology, supplies and staff.</p>	<ul style="list-style-type: none"> <li>• Delivery system redesign               <ul style="list-style-type: none"> <li>- physician practice redesign</li> <li>- multi-disciplinary teams</li> <li>- support patient self-management</li> <li>- support primary care</li> </ul> </li> <li>• Payment system reform, financial incentives</li> <li>• Information technology</li> <li>• Transparency, information, guidelines</li> <li>• Regulation</li> </ul>

The Roadmap will:

- Specify exactly how the Strategies and Tools should be used to eliminate what we don't need
- Determine who needs to do what by when
- Identify the cost of implementation (to whom) and the potential savings (to whom)
- Prioritize steps based on savings potential and feasibility
- Include strategies – for example, consensus building, enlistment of respected “champions” -- to get each health care sector and other key decision makers to commit to acting on the plan

#### Information Required:

- Most of the data, information, best practices, comparative effectiveness data, already exist in the literature
- RAND will provide key intelligence
- need to identify what RAND will not provide
- Bring in local experts (coalitions, non-profits, academics) to provide advice and direction

#### Resources Required:

- Overall project manager/designer/quarterback
- Expert guidance for each topic area to compile information
- Staff support (guided by experts)

Once the framework is in place, the Council will need to break up the work required to develop the Roadmap and assign large pieces of work to committees. The Council should establish a structure and guidelines for committees, such as the following.

- Committees include Councilors, Advisory Committee members and outside experts
- Committees are supported by experts and staff
- Committees process, evaluate, approve – not do
- Committees start by asking questions, such as:
  - Who needs to be included/represented on the Committee?
  - What information and data does the Committee need?
  - What resources does the Committee need to evaluate this information?